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Suunto t6 heart rate monitor wins Best Fitness Gear award

The US Health magazine has named the Suunto t6 as the Best of Fitness Gear in their second annual Best of Fitness Product Awards

by Stuart Miles published on 12 January 2006

The US Health magazine has named the Suunto t6 as the Best of Fitness Gear in their second annual Best of Fitness Product Awards. Built specifically for target heart rate training, the Suunto t6 was selected for its thorough and accurate measurements of seven specific parameters of cardio training, and its unique capability to enlist these measurements to gauge overall fitness. The Suunto t6 is distinct from similar training systems in that it has the capability to track, calculate, organize, log, and upload an individual's training session numbers. Then, by utilizing the accompanying software, an athlete can interpret this data to achieve a deeper analysis of training sessions. The result is laboratory accurate information on physical stress, oxygen consumption and other physiological variables that pertain to training. The Suunto t6 also includes extensive wristop capabilities such as an altimeter, barometer, and pressure sensor.

