

<http://www.pocket-lint.com/news/14357/suunto-2008-collection-training-watches>

## Suunto launches new collection training watches

With improved heart rate monitoring belt add-on

by Amy-Mae Elliott published on 1 May 2008

Suunto has launched its new range of heart rate monitor training watches.

The new range consists of 11 models in total, starting at £50, and includes the four women's watches and one cycling accessory.

The 2008 collection includes new designs and features as well as Suunto's first ever specific women's range: "perfect for girls to shape up and get fit this summer".

The new Suunto training watches are designed to take you from the office to the gym and comes in a range of colours.

With the claims that there is a watch for everyone's needs, the range goes from the introductory level t1 for day-to-day use, to the advanced t6c that sets your training schedule and gives a complete workout analysis on the spot.

The t1c, t3c, t4c and t6c are all supported by a newly improved heart rate monitor belt, worn across the chest.

This monitors your heart beat and communicates back to the watch. Based on your heart rate, the Suunto then calculates the amount of calories burned and shows the benefits of the work-out, from fat-burning to improving performance.

Suunto watches are available in the UK from shops that specialise in outdoor gear.

